

Water Balance – SPASA Recommendations

Water Balance

Un-treated or improperly treated water can be a health threat.

Chemically balanced and sanitised water, on the other hand, will provide a healthy and visually appealing environment for you, your family and friends.

Balanced water means that chemical demands have been met. If the chemical levels are too low the water will aggressively seek the products to needs by attacking the pool surface and equipment. This may lead to severe corrosion problems. On the other hand, high chemical levels may lead to the formation of scale on the pool surfaces and equipment,

Out of balance water can, therefore, cause expensive damage to the pool and may also inhibit the sanitising process. In simple terms, the pool owner should balance the following variables:

- pH
- Total alkalinity
- Calcium hardness

pH

pH is a measure of how acidic or alkaline the water is. the pH scale ranges from 0 to 14, with 7.0 being neutral. Values below 7.0 are acidic, and values above 7.0 are alkaline. With pool water we are seeking a pH balance suitable to the pool user, the pool and sanitiser use. Australian Standard AS3633 defines the operating range as 7.0 to 7.8 and the recommended rang of 7.2 to 7.6 (SPASA recommends 7.0 to 7.2 for fibreglass pools)

Topping up your pools, heavy rain, heavy bathing loads and chemical additions can all change the pH level of your pool water. Incorrect pH levels can have the following effects;

- Cause swimmer discomfort (itchy skin, red eyes)
- Interfere with the action of your sanitizer

THE EFFECT OF pH ON CHLORINE

Effective sanitising relies on the pH values. Therefore, sanitiser and pH levels should be the measures you check and adjust most often. Regardless of the chloring type or the chlorination process used, any pH drift above the recommended range (7.0 to 7.8) will inhibit the sanitising effect of your chlorine.

TOTAL ALKALINITY (T.A)

This is a measure of bi-carbonates, carbonates and hydroxides in your water. the Australian Standard AS3633 recommends a range of 60 to 200 parts per million (ppm). Your pool builder or pool shop will advise you of the recommended level for your pool. Low T.A will lead to

erosion of the surface of concrete and painted pools. It will also cause the pH levels to be very unstable with small additions of chemicals resulting in major shifts in pH. This is sometimes known as "pH bounce". Total Alkalinity can be changed in the following ways;

- Adding buffer (bi-carbonate of soda) will RAISE the Total Alkalinity.
- Adding acid to your pool to lower the pH will LOWER Total Alkalinity
- Topping-up your pool will change the Total Alkalinity depending on the T.A of the top-up water.

THE CONNECTION BETWEEN pH AND TOTAL ALKALINITY

It can be seen that acids will lower the pH and Total Alkalinity. There is an interconnection between these two chemicals components and, because of this they need to be adjusted together. The levels you are seeking to maintain are:

- pH of 7.2 to 7.6 (7.0-7.2 for fibreglass pools)
- Total Alkalinity of approx 100 to 120 ppm (60 - 200 is the recommended range). Check with your pool builder or pool shop for the level required in your pool.

Let's assume that the pH is OK but the Total Alkalinity is low. To raise the level, add "buffer" (Sodium Bicarbonate) at the required rate. However, Buffer is an alkali and will also raise pH.

Acid (Hydrochloric Acid or Sodium Bisulphate), which is used to lower pH, also lowers T.A. the trick is therefore to raise the T.A. artificially high so that when acid is added, to the lower the pH to the correct level, the T.A is also reduced to the correct range.

Note: Hydrochloric Acid must always be diluted (one part acid to ten parts of water) prior to adding to the pool. Always add acid to water, never water to acid.

CALCIUM HARDNESS

In simple terms, this is a measurement of the amount of dissolved calcium in your pool water. The recommended range is 80 to 500ppm according to Australian Standard AS3633. Both Total Alkalinity and Calcium Hardness need to be brought into balance. If not, low levels will mean the water is corrosive to the pool and/or equipment. Calcium hardness tests cannot usually be performed with the standard test kit.

We would suggest a water sample be taken to a SPASA accredited pool shop for testing. A rough rule of thumb in area where calcium levels are not naturally high is that testing annually will suffice after the initial adjustment. The only qualification to this is if you are using Calcium Hypochlorite to sanitise your pool. This chemical raises Calcium Hardness levels which may require more frequent testing and adjustment.

ADDING CHEMICALS

As a general rule you are far better off adding small amounts of chemicals, running the filter and testing the effect after several hours. Attempting LARGE chemical changes by adding LARGE amount of chemicals can result in BIG PROBLEMS.

More details here: <https://www.spasa.com.au/members-and-industry/pool-and-spa-owners/faqs-tips-and-tricks/water-balance>